

"That one day is what you live for. Winning the whole thing is what you dream of."

Brendan Lowry, All-Ireland winner, 1982.

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## **'HIS WEEKEND'S GAMES**





## **SATURDAY 17TH IULY**

WATCH LIVE ON Sky Sports

Ulster GAA Football Senior Championship Semi Final (4:00pm)

(Winner on the Day, if necessary) Réiteoir: David Coldrick (An Mhí)

Réiteoir ar fuaireachas: Ciaran Branagan (An Dún) Maor Líne: Fergal Kelly (Longfort)

Oifigeach Taobhlíne: Sean Laverty (Aontroim)

Maoir: Stephen O'Hare, Padraig Coyle, Pat Darby & Jospeh Curran

### LÁR AN LAE:

- **15.20** Teamsheets given to Match Referee
- 15.38 Ard Mhacha amach ar an bpáirc
- **15.41** Muineachán amach ar an bpáirc
- **15.45** Oifigigh an Chluiche amach ar an bpáirc
- 15.52 Toss
- 15.58 Amhrán na bhFiann
- 16.00 Tús an chluiche

A water break will take place between the 15th & 20th minute of the half\*\*

Ard Mhacha to leave the field immediately on half time whistle

Muineachán to leave the field onceonce Ard Mhacha have cleared the field

16.53\*Tús an dara leath

A water break will take place between the 15th & 20th minute of the half\*\*

17.35\*Críoch an chluiche

## **IF GAME GOES TO EXTRA TIM**

- 17.44 Toss & updated Teamsheets to Referee
- 17.45 Start of Extra Time 1st Half
- 17.56\*End of Extra Time 1st Half Teams Remain on the Pitch
- 17.58\*Start of Extra Time 2nd Half
- 18.10\*End of Extra Time 2nd Half

## **IFSTILL LEVEL.**

## **PHASE 2 (PENALTIES)**

**18.15** Players registered with the Referee & Toss

18.17 Penalties





## **SUNDAY 18TH JULY**

WATCH LIVE ON BESPORT NI RTE

Ulster GAA Football Senior Championship Semi Final (1:45pm)

(Winner on the Day, if necessary)

Réiteoir: Joe McQuillan (An Cabhán)

Réiteoir ar fuaireachas: Barry Cassidy (Doire) Maor Line: Brendan Cawley (Cill Dára)

Oifigeach Taobhlíne: Barry Judge (Sligeach)

Maoir: Jimmy Galligan, TP Gray, Mickey Lee & Conor Dourneer

## CLÁR AN LAE:

- **13.05** Teamsheets given to Match Referee
- **13.23** Dún na nGall amach ar an bpáirc
- 13.26 Tír Eoghain amach ar an bpáirc
- **13.30** Oifigigh an Chluiche amach ar an bpáirc
- 13.37 Toss
- 13.43 Amhrán na bhFiann
- 13.45 Tús an chluiche

A water break will take place between the 15th & 20th minute of the half\*\*

14.23\*Leatham

Dún na nGall to leave the field immediately on half time whistle

**Tír Eoghain** to leave the field once Dún na nGall have cleared the field

14.38\*Tús an dara leath

A water break will take place between the 15th & 20th minute of the half\*

15.21\*Críoch an chluiche

### **IF GAME GOES TO EXTRA TIME**

- 15.30 Toss & updated Teamsheets to Referee
- 15.31 Start of Extra Time 1st Half
- 15.42\*End of Extra Time 1st Half Teams Remain on the Pitch
- 15.44\*Start of Extra Time 2nd Half
- 15.56\*End of Extra Time 2nd Half

### IF STILL LEVEL.

### **PHASE 2 (PENALTIES)**

- **16.01** Players registered with the Referee & Toss
- 16.03 Penalties







## Presidents Foreword

Tá fearadh na fáilte romhaibh chuig babhta leathcheannais de Chraobhchomórtas na Sinsear i gCúige Uladh. Seachtain ó shin, bhí an bua ag Tír Eoghain i gcoinne An Chabháin, agus rug Dún na nGall an cluiche leo in éadan Doire i gcluiche iontach chun spás a chinntiú dóibh féin sa bhabhta leathcheannais. An deireadh seachtaine seo, agus gan ach ceithre fhoireann fágtha, tá na sean-namhaid, Ard Mhacha agus Muineachán, ag imirt i gcoinne a chéile i gcluiche amháin, agus Dún na nGall agus Tír Eoghain sa chluiche eile. Tá iarmhairtí na paindéime go fóill le mothú, agus cé gur rud iontach égo mbeidh lucht féachana linn do na cluichí seo, is iad a bheas teoranta go gceann tamaill. Guímid gach rath ar na himreoirí seo uilig!

Welcome to the 2021 Ulster Senior Football Championship Semi Finals. Last weekend saw Tyrone defeat Cavan, and Donegal just edge past Derry in a brilliant game to secure their places in the Semi Finals. This weekend, we are now down to the last four, Armagh meet Monaghan while familiar foes Donegal and Tyrone clash in the other semi final. Covid-19 continues to enforce restrictions upon us and this weekend we will continue with the phased return of supporters at our games which is a welcome addition. It really has been a surreal 18 months.

Congratulations to Derry on winning the 2020 Electric Ireland Ulster GAA Football Minor Championship and their All Ireland Semi Final last weekend. I wish them well in their All Ireland Final against Kerry this Sunday 18th July. I want to take this opportunity to commend our counties and clubs for the support they have given our local communities during this Covid-19 pandemic. It has been an extremely difficult time for us all and the absence of our games, and more recently, the absence of supporters at our games, has made it all the harder. I also would like to thank all those members who have volunteered in the roll out of the vaccination programme.

In 2021, Prostate Cancer has again been chosen as the charity for Ulster GAA and we look forward to

supporting this very worthy cause. I acknowledge and thank all the Ulster Council and the three host counties' personnel involved in hosting today's games. Everyone plays their part; stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I wish all teams, their County Boards and management every success in their respective outings this weekend and the match officials whose role should never be overlooked. Finally, to the supporters. Your support and attendance have always been highly valued, and we hope that the restriction of supporters at games is a rare sight. We long for the day that we can gather to support our native county in their quest to lift the Anglo Celt but for now, on behalf of Ulster GAA, I encourage all members to continue to follow the guidelines which have been provided by the relevant health authorities. Stay safe!



### Amhrán na bhFiann:

Sinne Fianna Fáil,
Atá faoi gheall ag Eirinn,
Buíonn dár slua, thar toinn do ráinig chugainn,
Faoi mhóid bheith saor, seantír ár sinsear feasta
Ní fhágfar faoin tíorán ná faoin tráill;
Anocht a théam sa Bhearna Baoil
Le gean ar Ghaeil chun báis nó saoil,
le gunnaí scréach, trí lámhach na bpiléar,
Seo dhíbh canáigh, Amhrán na bhFiann

The Anthem will be sang in Páirc Esler by Orlaith McAteer and in Brewster Park by Eleanor Farry.



## David Coldrick (On Mhi)

David is back in Ulster for the second weekend on the trot after taking charge of last weekends epic encounter between Donegal and Derry. This will be game number 22 in the Ulster Championship for David, a remarkable stretch of games which began with a draw when Cavan and Down met in Casement Park back in 2004. Since then, he has went on to referee four Ulster Finals (2010, 2013, 2015 and 2016).

His first provincial final in Ulster was now over a decade ago, the 2010 clash when Tyrone defeated Monaghan. His other final include the 2013 and 2015 deciders, when Monaghan captured the title in both years, and in 2016 when Tyrone emerged victorious. Incidentally, it was Donegal who lost out in all three of those finals. David has also refereed four All-Ireland Senior Football Finals in 2007, 2010, 2015 and most recently last year's decider between Dublin and Mayo.

He will be joined today by his umpires Stephen O'Hare, Padraig Coyle, Pat Darby & Joseph Curran.

## Joe McQuillan (On Cabhán)

For the fifth time in the past 10 years, Joe take's charge of Donegal V Tyrone in the Ulster Championship, as well as the 2018 Super 8s clash between the two. Much like David Coldrick, Joe ranks highly on the list of Ulster Championship games refereed, with 16 previous games in the province under his belt, including two Finals. And like David, Joe also started with a draw, when Armagh and Donegal met in the 2005 Quarter Final at Clones.

Undoubtedly one of the most experienced Inter-County referees in the country at present, Joe has refereed three All-Ireland Senior Football Finals, most recently in 2017 when Dublin overcame Mayo by a single point. That same year he refereed his second Ulster Senior Football Final between Tyrone and Down, having previously taken charge of the 2012 Final when Donegal defeated Derry. His other All-Ireland Final encounters were in 2013 and 2011.

Joe will have his usual team of umpires on duty with him today, namely Jimmy Galligan, TP Gray, Mickey Lee & Conor Dourneen

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## PREVIOUS MEETINGS







For two counties that have met 43 times in the USFC, these two neighbouring counties have remarkably only faced each other three times in the last 15 years, with Armagh's last victory coming in that 2006 Quarter Final, after a replay. In fact, two of the last three meetings required replays, Here we take a look back at the most recent clashes:

## 2014 USFC SEMI FINAL

## 28th June at Clones

## Monaghan 0-14 Armagh 0-14

Rory Grugan held his nerve to kick an injury time free to tie the sides at 0-14 apiece and force a replay in Clones. On a day when Monaghan keeper, Rory Beggan emerged as top scorer with 0-5, Armagh finished the stronger to halt the Ulster Champions progress, for one more

Muineachán: R Beggan (0-5); K Duffy, D Wylie, C Walshe: D Mone, V Corey, F Kelly; D Clerkin (0-1), D Hughes; R Wylie, J McCarron (0-1), P Donaghy; D Malone, K Hughes (0-2), C McManus (0-2).

Subs: C McGuinness (0-1) for C McManus (BC). S Gollogly (0-2) for J McCarron, P McKenna for P Donaghy, P Finlay for D Malone, K O'Connell for F Kelly.

**Ard Mhacha:** P McEvoy; J Morgan, C Vernon, F Moriarty; M Shields (0-1), A Kernan, C McKeever; S Campbell (0-3), A Findon; E McVerry, K Dyas (0-1), A Forker (0-1); K Carragher, E Rafferty, J Clarke (0-3).

Subs: T Kernan (0-3) for K Carragher (BC), S Harold for E Rafferty, S Forker (0-1) for A Forker, R Grugan (0-1) for E McVerry, M Murray for F Moriarty.

Referee: Joe McQuillan (An Cabhán)

## 2014 USFC SEMI FINAL REPLAY

## 6th July at St Tiernach's Park, Clones Monaghan 1-18 Armagh 1-13

Conor McMnaus and Aaron Findon traded first half majors as Monaghan led by 1-8 to 1-4 at the break. McManus finished with 107 and despite Tony Kernan and Jamie Clarke sharing 12 points for the Orchard County, it was Monaghan who moved on into the Ulster Final,

Muineachán: R Beggan (0-2); R Wylie, D Wylie, C Walshe; D Mone, V Corey, F Kelly; D Clerkin (0-1), D Hughes (0-2); P Finlay (0-3), S Gollogly (0-1), P McKenna; D Malone (0-1), K Hughes, C McManus (1-7).

Subs: C McGuinness (0-1) for K Hughes, G Doogan for D

**Ard Mhacha:** P McEvoy; F Moriarty, C Vernon, J Morgan; M Shields, B Donaghy, C McKeever; K Toner, A Findon (1-0); A Forker, K Dyas, E McVerry (0-1); J Clarke (0-5), S Campbell, T Kernan (0-7).

Subs: A Mallon for F Moriarty (BC), K Carragher for E McVerry, S Harold for K Toner, M Murray for J Morgan, A Kernan for B Donaghy, R Grugan for A Forker.

**Referee:** Marty Duffy (Sligeach)

## **2010 USFC OUARTER FINAL**

## 6th June at Casement Park, Belfast

## Monaghan 1-18 Armagh 0-09

Armagh raced into a 0-4 to 0-1 lead inspired by the ever accurate Stevie McDonnell. Monaghan with Darren Hughes in the unfamiliar position of goalkeeper, edged into the game and a Tommy Freeman goal brought the sides level. Monaghan rallied the troops to hit five on the spin and the game changed completely just before the short whistle when Armagh attacker Brian Mallon was unlucky to see red for a tackle on Rory Woods. Paddy O'Rourke's men never recovered as Monaghan displayed ruthless finishing to run out comfortable winners.

Muineachán: D Hughes; D Mone, JP Mone, C Walshe; D Freeman (0-1), V Corey (0-1), G McQuaid; D Clerkin (0-2), Eoin Lennon; S Gollogly, P Finlay (0-7), K Hughes; C Hanratty (0-1), C McManus (0-1), T Freeman (1-4).

**Subs:** R Woods for Gollogly (21), H McElroy (0-1) for Hanratty (51), F Caulfield for K Hughes (57), N McAdam for D Freeman (67)

Ard Mhacha: P Hearty, A Mallon, B Donaghy, V Martin, P Duffy (0-1), C McKeever, F Moriarty, C Vernon, K Toner, M Mackin, A Kernan (0-1), G Swift (0-1), B Mallon, S McDonnell (0-4), J Clarke (0-2).

**Subs:** K Dyas for Martin (ht), J Lavery for Mackin (ht).

Referee: Martin Sludden (Tír Eoghain)



## Tacaiocht dár gCóitseálaithe Gaeilge Support for Coaches

Tá ráite ag clubanna agus ag baill CLG Uladh le fada gur mhaith leo tuilleadh tacaíochta maidir le Gaeilge sa chóitseáil agus sna seisiún traenála. Táimidne anseo ag CLG Uladh ar aon intinn leo, agus tá sé in am againn acmhainn a chruthú dóibh siúd nach bhfuil Gaeilge acu ar mhaith leo í a úsáid ar an pháirc agus ar acmhainn ar thabharfaidh muinín dóibh agus iad á labhairt.

Ulster clubs and members have asked for further support in introducing Gaeilge in their training and coaching sessions. We at CLG Uladh agree that there is a need for a resource that would help those who do not have Gaeilge but wish to use it on the field, and in particular, for a resource that would help give that much-needed boost of confidence to those new speakers who wish to use Gaeilge in this way.

Tá CLG Uladh ag forbairt acmhainne i láthair na huaire do Chóitseálaithe an Chúige. Cuirfear an acmhainn seo ar fáil do bhaill an CLG ar mhaith leo Gaeilge a úsáid sna seisiúin traenála. Beidh sé úsáideach dár mbaill a bhfuil Gaeilge acu ach meirg uirthi, agus dóibh siúd nach bhfuil focal Gaeilge acu go fóill. Tabharfaidh na físeáin seo muinín dár gcóitseálaithe frasaí agus focail Gaeilge a úsáid sna seisiúin ar dhóigh iontach nádúrtha.

Ulster GAA is currently developing a video series that will serve as a coaching resource for our GAA members who want to begin to use Gaeilge in their sessions, whether they are already Irish speakers or have never learned the language before. The videos will assist coaches in using what little Gaeilge they can with confidence, and allow them to include short words and phrases in their sessions as naturally as they would in English.

Déanfaidh cóitseálaí de chuid CLG Uladh a bhfuil saineolas aige le heochairchéim a 2, Eoghan Mag Uiginn, an cóitseáil ar fad sna físeáin seo, agus páistí ón eochairchéim sin leis. Tá CLG Uladh ag obair le Fearghal Mag Uiginn ó BBC Uladh ar an tionscadal seo chomh maith, agus cuirfear saineolas Fhearghail go mór leis na físeáin féin.

The videos will be demonstrated by Ulster GAA's KS2 coach, Eoghan Mag Uiginn, with the well-known voice and scripting talents of BBC Ulster's Fearghal Mag Uiginn collaborating with us on this initiative.

Mar chuid den tionscadal seo, beidh cluichí éagsúla le feiceáil sna físeáin, pléifimid dóigheanna chun Gaeilge a úsáid agus tú ag moladh na n-imreoirí, frásaí agus focail úsáideacha a bhfuil baint acu le cúrsaí CLG srl. Ba chóir, ag deireadh na sraithe, go gcluinfeá níos mó Gaeilge ón chóitseálaí agus ó na himreoirí agus sibh ag dul chun páirce.

The series will include useful games to play with underage teams, how to use Gaeilge to praise and support our underage players, key phrases, words and GAA-related phrases to intertwine with your sessions with the aim of increasing, session by session, the amount of Gaeilge you use, and hear, each time you and your team take to the pitch.

Beidh an tsraith seo réidh agus foilsithe againn i dtreo dheireadh an tsamhraidh. Beidh na físeáin ar fáil ar shuíomh CLG Uladh, agus ar YouTube.

This video series is scheduled for release late in the summer of 2021. It will be available on Ulster GAA's Gaeilge microsite and Ulster GAA's YouTube channel.





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SENIOR FOOTBALL CHAMPIONSHIP

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SATURDAY 17TH JULY
ARMAGH V MONAGHAN /LIVE SKY
4.00 PM AT PÁIRC ESLER, NEWRY

SUNDAY 18TH JULY
TYRONE V DONEGAL /LIVE BBC NI/RTE
1.45 PM AT BREWSTER PARK

## SUSTAINING CLUBS AND BUILDING CAPACITY

AG COTHÚ CLUBANNA AGUS AG FORBAIRT ACMHAINNE

PROVINCIAL INFRASTRUCTURE

STRATEGIC PLAN 2021-2023



Ulster GAA has launched its fifth Strategic Plan entitled 'Sustaining Clubs and Building Capacity – Ag Cothú Clubanna agus Ag Forbairt Acmhainne.

The document charts a strategic direction for the GAA in Ulster from 2021 – 2023.

Four high-level strategic themes, each with underlying objectives, have been identified and will form the core of operational activity areas in the province for the next three years.

**MARKETING / COMMERCIAL OPPORTUNITIES** 

COMMUNITY IDENTITY	AMATEUR STATUS	INCLUSIVENESS	RESPECT	PLAYER WELFARE	TEAMWORK & VOLUNTEERISM			
	THEME 1			THEME 2				
	PPORTUNITIES FOR PA IANCE IN GAELIC GAM			SUPPORTING AND DEVELOPING OUR VOLUNTEERS AND ADMINISTRATORS				
	GAMES			ADMINISTRATOR AND VOLUNTEER DEVELOPMENT				
PLAYER DEVELOPMENT			NEW A	NEW APPROACHES TO LEARNING				
	OACH DEVELOPMENT	г	TR	ACCREDITATION OF TRAINING PROGRAMMES				
CLUB DEVELOPMENT			MEN	MENTAL HEALTH AWARENESS FOR VOLUNTEERS				
	RESEARCH INSIGHTS		STAFF	STAFF / EMPLOYEE DEVELOPMENT AND TRAINING				
THEME 3				THEME 4				
GOVERNANCE AND OPERATIONAL EXCELLENCE			сомм	COMMUNICATION AND WIDER CIVIC ENGAGEMENT				
SUSTAINABILITY AND GROWTH			GAA I	GAA IN THE WIDER COMMUNITY				
GUIDANCE			IRISH	IRISH LANGUAGE AND CULTURE				
RELATIONSHIPS			Н	HEALTH AND WELLBEING				
SAFEGUARDING			SUSTAI	SUSTAINABLE DEVELOPMENT GOALS				
			NAA DICETING					

The full strategy document is available to view at <a href="https://ulster.gaa.ie/council/strategic-plans/">https://ulster.gaa.ie/council/strategic-plans/</a>



## Jemar Hall

With the array of attacking talent at their disposal, Armagh have been tipped for some time to make the breakthrough at provincial level. However, few epitomise the modern footballer quite like Jemar Hall who has pace, power, skill and athleticism in abundance. The Forkhill man has found himself a regular in manager Kieran McGeeney's plans for the past number of years, and helped his club to the Armagh Junior Football title in 2020.

He started all four National League games this summer, contributing points against Tyrone and Donegal before claiming a hat-trick of points against Roscommon as the Orchardmen retained their Division One for another year. Last day out against Antrim, while Armagh adopted a 'route one' approach to their first half attacking display, when they returned to the more traditional running game in the second half, it was Hall who continually carried the ball at the Antrim defence. We can expect more of the same this afternoon, in both directions, as he matches up against Monaghan's Karl O'Connell in what could turn into the survival of the fittest.

## Karl O'Connell

O'Connell burst onto the scene back in 2012 when then Farney manager Eamonn McEnaney took a gamble on the 23 year old Tyholland lad in the Ulster Championship tie with Antrim. Within 35 seconds, he had found the back of the Saffron's net. A goal on your Ulster Championship debut is the stuff of dreams for many young Monaghan lads, but not O'Connell. Until 17 he had never played Gaelic football. Athletics was the first love, even soccer and rugby got a look in. All this despite attending the GAA hotbed of St Macartan's in Monaghan.

So when Malachy O'Rourke lined O'Connell out at midfield for the 2017 Ulster Championship campaign, few would have predicted what would unfold. Later that year he would line out for Ireland in the International Rules series. With a spring in his step, O'Connell raised the bar higher in 2018, playing a crucial role in Monaghan reaching the All-Ireland Semi Final where Tyrone would pip them at the death. He would finish that year with a much-deserved All-Star. His experience, pace and power will be key if Monaghan are to reach their first Ulster Final since 2015.

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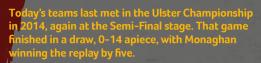
## **MATCH PREVIEW**



## - VERSUS -Armagh V Monaghan







In fact, you'd have to go back to 2006 for Armagh's last win over Monaghan in the Ulster Championship, a Quarter-Final victory after a replay.

The noughties were heady days for the Orchard County, a decade which yielded six Ulster titles, a National League, and of course, the holy grail of the Sam Maguire Cup in 2002.

A lot has changed in the landscape of Ulster football since however, so much so that this afternoon Armagh are bidding to end a stretch of 13 years between provincial final appearances, currently the longest wait of any county in the province (2008 to 2021).

Given their return to Division One League football last year and maintaining that status this year, earning a long-awaited place in an Ulster final would be another huge step for Kieran McGeeney's developing side.

They were pushed to the pin of the collar in the opening half of their quarter-final win over Antrim however. The Saffrons had evidently done their homework and played much of the football at the Athletic Grounds a fortnight ago, only for Rory Grugan's first half goal giving Armagh the slight edge at the break.

That goal threat was ultimately what separated the sides in the end. Armagh found the net a further three times through a Rian O'Neill penalty and subs Conor Turbitt and Tiernan Kelly in the second half, and Antrim's gallant challenge dissipated.

The 13-point winning margin by the end may have slightly flattered Armagh, but they'll be under no illusions over the performance they will have to produce to overcome today's opponents.

Monaghan themselves had a largely no-fuss guarter-final win over Fermanagh the previous day in Clones. An 18th-minute goal by Jack McCarron sent Monaghan well on their way in a game where they never trailed.

The breadth of scorers will have surely pleased the Monaghan management with the home side registering 12 players on the scoresheet, particularly as star attacker Conor McManus sustained a leg injury late in the contest and was forced to make way. His fitness for this afternoon could have a huge bearing on the game.

Budding talents Aaron Mulligan and Michael Bannigan continued to impress for the Farney, notching five points between them, and marauding runs from defenders Conor Boyle, Dessie Ward and Karl O'Connell to knock over scores were another a telling feature of the Monaghan performance.

These sides met in the League little over two months ago, with Armagh making a winning return to Division One after a nine-year wait when they emerged 1-16 to 1-12 winners in Enniskillen.

Championship is a different ball game however, and today's contest has all the makings of going right down to the wire.



## Ard Mhacha

Bainisteoir: Kieran McGeeney



Shea Mac an Ghoill
Shea Magill
Cill Sleibhe



- Séamus Ó Muireagáin
  James Morgan
  Raonaithe Na Croise
- 3
- Árón Mac Aodha **Aaron McKay** Droighneain Sidhe
- 4
- Rossa Ó Finn Ross Finn An Grainne Mór

- Ciaron Ó hAnluain
  Ciaron O'Hanlon
  Cill Sleibhe
- 6
- Gréagóir Mac Aba Greg McCabe Sheáin Uí Néill
- 7

Connaire Ó Maicin Connaire Mackin
Sheáin Uí Néill

8

Niall Ó Garmaile Niall Grimley Na Madain

9

Oisín Ó Néill Oisin O'Neill Raonaithe Na Croise

10

Jemar Mac Cathail

Jemar Hall

Peadar O'Doirnin

11

Rian Ó Néill **Rian O'Neill** Raonaithe Na Croise

12

Jarly Óg Mac Conboirne **Jarly Óg Burns** Clann Éireann

13

Ruairí Ó Gruagáin **Rory Grugan** Baile Mhic an Aba

14

Aindriú Ó Murnáin Andrew Murnin Naomh Pól 15

Stefan Mac Cathmhaoil Stefan Campbell (C) Clan na Gael

### FIR IONAID SUBSTITUTES

- 16. Jack Grugan
- 17. Conor O'Neill
- 18. Brendan Donaghy
- 19. Conor Turbitt
- 20. Stephen Sheridan
- 21. Paddy Burns
- Baile Mhic an Aba
- Cill Sleibhe
- Cluain Mór
- Clann Éireann
- Peadar O'Doirnin
- Peadar O'Doirnin
- 22. Ryan Kennedy
- 23. Aidan Forker
- 24. Ross McQuillan
- 25. Ben Crealey
- 26. Tiernan Kelly

Baile Mhic an Aba

An Machaire

Coilleach Eanach

An Machaire

Clann Éireann

## Muineachan

Bainisteoir: Seamus McEnaney



Ruairí Ó Beagáin **Rory Beggan** An Bhoth



2

Ciarán Ó Dufaigh Kieran Duffy Leachtain



Conchubhar de Baoil Conor Boyle Cluain Tiobraid



Rian Wylie Ryan Wylie (C) Béal Átha Beithe



Carl Ó Conaill

Karl O'Connell

Tigh Thalainn



Cillian Ó Maolábhail

Killian Lavelle

Cluain Tiobraid



Rian Mac Giolla Easpaig Ryan McAnespie Scairbh na gCaorach



Darren Ó hAodha

Darren Hughes

An Bhoth



Niall Ó Ciaráin **Niall Kearns** Seán Mac Diramada

10

Míchéal Ó Bannagáin Micheal Bannigan Achadh na Muilleann



Árón Ó Maolagáin **Aaron Mulligan** Leachtain



Deasún Mac an Bhaird
Dessie Ward
Béal Átha Beithe

13

Conchubhar Mac Cárthaigh
Conor McCarthy
An Bhoth



Sean Mac Cearáin Jack McCarron Curraichín



Conchubhar Mac Maghnúis Conor McManus Cluain Tiobraid

## **FIR IONAID SUBSTITUTES**

16. Ryan Farrelly

17. Kieran Hughes

18. Karl McMenamin

19. Colin Walshe

20. Shane Carey

21. Fintan Kelly

Machaire Cluain

An Bhoth

Carraig Mhacaire Rois

Dubhthamlacht

An Bhoth

Cluain Eois

22. Stephen O'Hanlon

23. Drew Wylie

24. Andrew Woods

25. Barry McBennett

26. Dermot Malone

Carraig Mhacaire Rois

Béal Átha Beithe

Inis Caoin

Dubhthamlacht

Baile na Lorgan

## USFC HISTORY

GAMES PLAYED	43
Ard Mhacha	15
Draw	6
Muineachán 🌎	21
Void	1

NY SEE			185	W 0	0,		
DATE	ROUND	WINNER		LOSER		VENUE	
06/07/2014	SF (R)	Muineachán	1 - 18	Ard Mhacha	1 - 13	Clones	
28/06/2014	SF	Muineachán	0 - 14	Ard Mhacha	0 - 14	Clones	
06/06/2010	QF	Muineachán	1 - 18	Ard Mhacha	0 - 09	Casement Park	
20/05/2006	QF(R)	Ard Mhacha	1 - 13	Muineachán	0 - 10	Clones	
14/05/2006	QF	Ard Mhacha	0 - 10	Muineachán	0 - 10	Clones	
23/05/2004	QF	Ard Mhacha	2 - 19	Muineachán	0 - 10	Clones	
11/05/2003	R1	Muineachán	0 - 13	Ard Mhacha	0 - 09	Clones	
07/07/1985	SF (R)	Muineachán	1 - 11	Ard Mhacha	2 - 07	Breffni Park	
30/06/1985	SF	Muineachán	0 - 10	Ard Mhacha	0 - 10	Breffni Park	
17/06/1984	SF	Ard Mhacha	2 - 08	Muineachán	0 - 09	Breffni Park	
22/06/1980	SF	Ard Mhacha	0 - 12	Muineachán	0 - 05	Breffni Park	
24/06/1979	SF	Muineachán	2 - 10	Ard Mhacha	2 - 08	Breffni Park	
26/06/1977	SF	Ard Mhacha	2 - 12	Muineachán	3 - 05	Dungannon	
14/06/1970	QF	Muineachán	3 - 07	Ard Mhacha	1 - 07	Castleblayney	
15/06/1969	QF	Muineachán	1 - 09	Ard Mhacha	0 - 08	Armagh	
20/06/1965	QF	Ard Mhacha	3 - 07	Muineachán	1 - 09	Lurgan	
25/06/1961	SF	Ard Mhacha	5 - 09	Muineachán	0 - 05	Dungannon	
06/07/1952	SF	Muineachán	1 - 08	Ard Mhacha	1 - 05	Dungannon	
25/06/1950	QF	Ard Mhacha	0 - 14	Muineachán	1 - 05	Clones	
04/06/1949	QF	Ard Mhacha	3 - 06	Muineachán	1 - 08	Lurgan	
02/07/1944	QF	Muineachán	3 - 07	Ard Mhacha	3 - 03	Armagh	
27/06/1943	QF	Muineachán	3 - 08	Ard Mhacha	3 - 04	Armagh	
23/07/1939	SF (R)	Ard Mhacha	1 - 06	Muineachán	0 - 02	Castleblayney	
16/07/1939	SF	Ard Mhacha	1 - 06	Muineachán	1 - 06	Castleblayney	
31/07/1938	FINAL	Muineachán	2 - 05	Ard Mhacha	2 - 02	Armagh	
04/07/1937	SF	Ard Mhacha	2 - 12	Muineachán	1 - 03	Armagh	
10/06/1934	SF	Ard Mhacha	1 - 06	Muineachán	1 - 03	Armagh	
21/06/1931	SF	Ard Mhacha	1 - 09	Muineachán	0 - 04	Carrickmacross	
29/06/1930	SF	Muineachán	2 - 02	Ard Mhacha	0 - 05	Armagh	
01/07/1928	SF	Ard Mhacha	0 - 04	Muineachán	0 - 01	Carrickmacross	
31/07/1927	FINAL	Muineachán	3 - 05	Ard Mhacha	2 - 05	Armagh	
21/06/1925	QF (R)	Muineachán	2 - 02	Ard Mhacha	1 - 04	Castleblayney	
03/05/1925	QF	Muineachán	1 - 03	Ard Mhacha	0 - 05	Castleblayney	
		*An objection was successful and a replay ordered					
08/07/1923	QF	Muineachán	4 - 01	Ard Mhacha	1 - 04	Ballybay	
16/07/1922	SF	Muineachán	2 - 09	Ard Mhacha	0 - 02	Ballybay	
06/11/1921	QF	Muineachán	0 - 03	Ard Mhacha	0 - 01	Clones	
18/05/1919	QF	Ard Mhacha	0 - 04	Muineachán	0 - 03	Castleblayney	
28/10/1917	FINAL	Muineachán	4 - 02	Ard Mhacha	0 - 04	Clones	
16/08/1914	SF (R)	Muineachán	1 - 01	Ard Mhacha	0 - 02	Culloville	
02/08/1914	SF	Muineachán	0 - 00	Ard Mhacha	0 - 00	Carrickmacross	
03/07/1910	QF(R)	Muineachán	1 - 05	Ard Mhacha	0 - 04	Crossmaglen	
01/05/1910	QF	Muineachán	0 - 10	Ard Mhacha	1 - 07	Castleblayney	
01/08/1909	QF	Muineachán	1 - 07	Ard Mhacha	0 - 03	Castleblayney	

Head to Head







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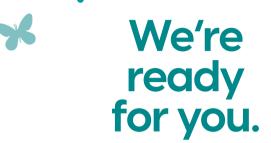


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## PREVIOUS MEETINGS



Today will be the sixth meeting between these two counties in the USFC since 2015. Furthermore, they also played each other in the Round Robin All Ireland Quarter Finals in 2018, the only one of the last 7 years they never met in the USFC. Here we take a look back at the three most recent clashes:

## **2020 USFC QUARTER FINAL**

1st November at Páirc MacCumhaill Donegal 1-13 Tyrone 1-11

In what turned out to be Mickey Harte's last game at the helm in Tyrone, Donegal just edged out the Red Hand County in this one, played in awful conditions. Peadar Mogan lashed home a goal in the pouring rain following a peach of a Shaun Patton kickout to ensure the home side lead by 1-5 to 0-6 at half time. Darragh Canavan poached a goal to bring Tyrone back into contention but late scores from Thompson and Gallen saw Donegal progress.

**Dún na nGall:** S Patton; S McMenamin, N McGee, E Ban Gallagher; R McHugh, P Brennan (0-1), P Mogan; H McFadden, C McGonagle; C Thompson (0-7), N O'Donnell, M Langan (1-2); J McKelvey, M Murphy, J Brennan (0-2).

**Subs:** E McHugh for J McKelvey, A McClean for N McGee, O Gallen (0-1) for N O'Donnell, P McGrath for P Brennan, J McGee for C McGonagle.

**Tír Eoghain:** N Morgan (0-1); L Rafferty, R McNamee, F Burns (0-1); T McCann, M O'Neill, M McKiernan; B Kennedy, M Donnelly (0-1); K McGeary, C McKenna (0-1), C Meyler; D McCurry (0-3), P Harte (0-1), D Canavan (1-1).

**Subs:** M Bradley (0-2) for D McCurry, R Donnelly for M O'Neill, P Hampsey for B Kennedy, N Sludden for D Canavan.

Referee: Joe McQuillan (An Cabhán

## **2019 USFC SEMI FINAL**

8th June at Kingspan Breffni Donegal 1-16 Tyrone 0-15

A first half Jamie Brennan goal and four from the boot of Michael Murphy pushed Donegal into a seven point lead at the short whistle. Tyrone also lost the influential to a black card after ten minutes. Tyrone rallied strongly in the second period but Donegal always kept them at arms length to run out four point winners.

**Dún na nGall:** S Patton; P McGrath, N McGee, S McMenamin (0-1); R McHugh (0-1), L McLoone, E Ban

Gallagher; H McFadden (0-1), J McGee; E McHugh (0-1), M Murphy (0-5), N O'Donnell; P McBrearty (0-3), M Langan (0-1), J Brennan (1-3).

Subs: C Thompson for J McGee, D O'Baoill for E McHugh, F McGlynn for L McLoone, O Gallen for N O'Donnell, P Brennan for J Brennan

**Tír Eoghain:** Morgan (0-2); M McKernan, R McNamee, P Hampsey; T McCann, B McDonnell, B Kennedy; K McGeary (0-2), L Rafferty; C Cavanagh, R Donnelly (0-3), M Donnelly (0-1); P Harte, F Burns, C McShane (0-3).

**Subs:** C McAliskey for P Harte (BC), R Brennan for L Rafferty, N Sludden for C Cavanagh, D McCurry (0-3) for B McDonnell, M Cassidy (0-1) for F Burns, A McCrory for T McCann.

Referee: David Gough (An Mhí)

## **2017 USFC SEMI FINAL**

18th June at St Tiernach's Park, Clones
Tyrone 1-21 Donegal 1-12

Tyrone put on an exhibition of point taking in the first 35 minutes in front of over 22,000 spectators at Clones to lead 0-12 to 0-5. Remarkably, four of their defenders got on the scoresheet during that half. Tiarnan McCann kicked home a 38th minute goal and from there to the finish line, the game lost all intensity. Micheal Carroll hit a consolation goal for the Donegal men.

**Tír Eoghain:** N Morgan (0-1); A McCrory, R McNamee, P Hampsey (0-2); T McCann (1-1), C McCarron, P Harte (0-2); C Cavanagh, C McCann; K McGeary (0-3), N Sludden (0-4), D Mulgrew (0-1); M Bradley (0-2), S Cavanagh (0-1), M Donnelly (0-2).

**Subs:** D McCurry for M Bradley (BC), R Brennan for D Mulgrew, D McClure (0-1) for C McCann, R O'Neill (0-1) for S Cavanagh, C McShane for K McGeary, J McMahon for P Harte.

**Dún na nGall:** M A McGinley; P McGrath, N McGee, E Ban Gallagher; R McHugh, F McGlynn, E Doherty; J McGee, C Thompson; M Carroll (1-0), M O'Reilly (0-1), J Brennan; P McBrearty (0-6), M Murphy (0-3), E McHugh.

**Subs**: K Lacey for J McGee, M McElhinney for F McGlynn, H McFadden (0-1) for J Brennan, C Gillespie for E Doherty, M Langan (0-1) for E McHugh.

Referee: David Gough (An Mhí)

## GROUND Regulations

- 1. All persons entering this ground are admittedonly subject to the following Ground Regulations and to the Rules and Regulations of the Gaelic Athletic Association. Entry to the ground shall be deemed to constitute unqualified acceptance of all these Rules and Regulations.
- 2. Fireworks, smoke canister, bottles, glasses, cans, flags, banners, poles, air horns and other similar articles or containers, including anything which could or might be used as a weapon, are not permitted within the ground, and any person in possession of such an article or container may be refused entry. Should any flag cause an obstruction or present a risk to health & safety, due to the size or type of flagpole used, the GAA reserves the right to have that flagpole removed from the grounds. Flags other than the national flag, Association flag and the flags of competing teams should not be flown from flagpoles at our games.
- **3.** The consumption of intoxicating liquor is permitted only in authorised places and spectators are not permitted to bring alcohol into the ground.
- 4. Smoking is permitted only in designated areas.
- **5.** The authorised climbing of stands, seats or other buildings in the ground is forbidden.
- **6.** Unnecessary noise such as that from the use of radio sets, air horns and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted in any part of the ground.

- **7.** Under no circumstances is it permitted to throw any object onto the pitch.
- **8.** Unauthorised persons are not permitted to enter upon the field of play.
- 9. Any person who fails to comply with the instructions from a steward may be ejected from the ground.
- 10. In general, the right of admission is reserved to the Ground Management.
- **11.** Any person who remains in a gangway may be ejected from the ground.
- 12. The Ground Management reserve the right for its servants or agents to remove from the ground/arena any person who does not comply with the Ground Regulations or whose presence in the ground could reasonably be construed as constituting a source of danger, nuisance or annoyance to other spectators.
- **13.** Patrons are not permitted to enter the field of play, before, during, or after the game.

### Lost Children

Children who have become separated from their parents/guardians should be brought to the designated First Aid points.

### **Safety Notice**

We have established the above regulations for health and safety reasons, to avoid serious injury or harm. We thank you for your co-operation.

## WHAT HAPPENS Next

What happens next? That's the question everyone will be asking should today's game finish in a draw. If the teams finish level after normal time, the game will go to the standard extra-time of 2 periods of 10 minutes each way. Should that fail to produce a winner, then we move to a penalty shootout. The GAA's "Result on the Day" protocols were introduced in 2017, with a free-taking competition the method proposed for breaking the deadlock. That was subsequently changed to penalties.

## So here is what happens next;

- 1. Well first thing first, only goals will count at this stage.
- 2. Each team will pick five penalty takers, a goalkeeper and a substitute goalkeeper. These are the only players who will take part until we find a winner.
- 3. All these players had to be on the field at the end of extra-time to take part (apart from the substitute goalkeeper, who can come from the panel and will only be used if the goalkeeper is injured during the penalties).
- These players are registered with the referee along with the order the penalty takers will take their penalties.
- 5. Five penalties each, and whoever scores more wins the game.
- 6. If they're still level after five penalties, then there will be sudden death until we find a winner.
  The same five penalty takers must be used, though they don't have to be in the same order as before.

## **MATCH PREVIEW**



- VERSUS -Donegal V Tyrone



The second of this weekend's semi-finals see Ulster heavyweights Donegal and Tyrone lock horns once again to tough it out for a final berth in a fortnight's time.

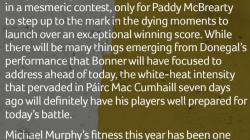
The two sides have been interminably bound together in Championship football in recent years. Across the Ulster and All-Ireland series, they've met in nine of the ten seasons since 2011.

Indeed, Donegal have been a familiar foe for Tyrone in Ulster Semi-finals in particular, winning clashes in 2019, 2012, 2011 and 2004 – all against their neighbours to the north-west. The last time Tyrone lost a Semi-Final game to someone other than the Tír Chonaill men was in 1999 to Down.

The familiar rivalry gets renewed again today at Brewster Park, with Donegal bidding to make their tenth Ulster final in 11 years.

Declan Bonner helmed the county to provincial titles in 2018 and 2019, but of course was denied the three-in-a-row courtesy of Cavan last November. How he would love to take another step closer to reclaiming the Anglo-Celt Cup, and getting another one over on his Red Hand rivals in the process.

His side breezed through their First-Round game against Down at Páirc Esler on the Championship's opening day. However last Sunday's encounter with Derry proved to be anything but a routine affair.



Derry led the game for almost the entire distance

Michael Murphy's fitness this year has been one of the big stories surrounding Donegal. An injury during the league has persisted and he only managed 20 minutes against Down before not starting the Derry game. His introduction off the bench was integral to Donegal wrestling their way back into the game however to snatch the result.

Niall O'Donnell and Michal Langan have been adept of stepping into the void to maintain Donegal's scoring output, and the talents of McBrearty and Jamie Brennan mean they are already well-enough stocked in that regard.

The ghosts of Tyrone's hammering by Kerry in the League just weeks before their Championship bow were somewhat put to rest with their Quarter-Final win over reigning Ulster champions Cavan last Saturday.

Darren McCurry was effervescent in Omagh, leading Tyrone's attack almost singlehandedly and kicking 0-10. Time and again Tyrone were able to pick out the Edendork man with accurate kicked ball, and he duly shone as a result.

A big plus to Tyrone was the return to action of former All-Star Cathal McShane after a year of injury hell, and he capped a worthwhile 25-minute appearance with three points. They will also be buoyed by the impressive performance of debutant Conn Kilpatrick, and fellow midfielder Brian Kennedy, who came off the bench to slot home the game's only goal. Tyrone's strategy in the middle third will have to be spot-on if they are to counteract the kickout efficiency of Donegal goalkeeper Shaun Patton. And so once more, Donegal and Tyrone, Tyrone and Donegal. Time to get reacquainted again.



## Dún na nGall

Bainisteoir: Declan Bonner



Seán Ó Peatáin Shaun Patton Naomh Adhamhnáin



2

B Mac Giolla Choill
Brendan McCole
Naomh Naille



Neil Mac Aodha **Neil McGee** Gaoth Dobhair



Stiofáin Mac Meanaman
Stephen McMenamin
Aodh Rua, Cúl na gCurridín

5

Riain Mac Aodh Ryan McHugh Cill Chartha



O Mac Phaidín Ó Fearraigh Odhran McFadden Ferry Gaoth Dobhair



E Bán Ó Gallachoir **Eoghan Ban Gallagher** Na Cealla Beaga



A Mac Pháidín Hugh McFadden Na Cealla Beaga



C Mac Gonagail
Caolan McGonigle
Bun Cranncha

10

C Mac Thomáis
Ciaran Thompson
Naomh Conaill



N Ó Domhnaill **Niall O'Donnell** Naomh Adhamhnáin



M Ó Longain **Michael Langan** Naomh Mícheál

13

P Mac Briartaigh
Patrick McBrearty
Cill Chartha

14

M Ó Murchú

Michael Murphy (C)

Gleann tSúilí



P Ó Mogain **Peader Mogan** Naomh Naille

### FIR IONAID SUBSTITUTES

- 16. Michael Lynch
- 17. Jason McGee
- 18. Eoin McHugh
- 19. Ethan O'Donnell
- 20. Paul Brennan
- 21. Jamie Brennan
- Naomh Colmcille
- Cloich Ceann Fhaola
- Chill Chartha
- Naomh Conaill
- Realt Na Mara, Bún Dobhráin
- Realt Na Mara, Bún Dobhráin
- 22. Conor O'Donnell
- 23. Daire Ó Baoill
- 24. Andrew McClean
- 25. Odhran McNelis
- 26. Oisin Gallen

Carn Domhnach

Gaoth Dobhair

Cill Chartha

Gaoth Dobhair

Sean MacCumhaills

## Tir Eoghain

Comhbhainisteoir: Brian Dooher & Feargal Logan



Niall Ó Muireagáin **Niall Morgan** Éadan na dTorc



Micheal Mac Thiarnain Michael McKernan Oileán a'Ghuail

Ruairí Ó Braonáin **Rory Brennan** Trí Leac

Pádraig Ó hAimsaigh Pádraig Hampsey (C) Oileán a'Ghuail

Niall Ó Sludáin Niall Sludden An Droim Mór

Micheál Ó Néill Michael O'Neill Ard Bó

Peadar Ó hAirt **Peter Harte** Aireagal Chiaráin

Brian Ó Cinneide **Brian Kennedy** Doire Locháin

9

Conn Mac Giolla Phádraig Conn Kilpatrick Éadan na dTorc

Ciarán Mac Gadhra Kieran McGeary Cabhán a'Chaortainn

Risteard Ó Donnaile Richard Donnelly Trí Leac

Conchúr Mac Maoilir Conor Meyler An Ómaigh

Darren Mac Camhraí Darren McCurry Éadan na dTorc

Maitiú Ó Donnaile **Matthew Donnelly** Trí Leac

Conchúr Mac Cionnaith Conor McKenna An Eaglsis

## FIR IONAID SUBSTITUTES

16. Darragh McAnenly Aireagal Chiaráin

17. Mark Bradley

Coill an Chlochair

18. Frank Burns

Cabhán a'Chaortainn

19. Michael Conrov

An Mhaigh

20. Paul Donaghy

Dún Geanainn

21. Niall Kelly

Aireagal Chiaráin

22. Tiarnan McCann

Coill an Chlochair

23. Ben McDonnell

Aireagal Chiaráin 24. Hugh Pat McGeary Cabhán a'Chaortainn

25. Cathal McShane

E R Uí Néill

26. Conor Shields

Clochar



		-						
	DATE	ROUND	WINNER		LOSER		VENUE	
4		QF	Dún na nGall	1-13		1-11	Páirc MacCumhaill	
P		SF	Dún na nGall	1-16		0-15	Kingspan Breffni	-
•"		SF	Tír Eoghain	1-21		1-12	Clones	
		FINAL	Tír Eoghain	0-13		0-11	Clones	
	17/05/2015	R1	Dún na nGall	1-13		1-10	Páirc MacCumhaill	
		QF	Dún na nGall	2-10		0-10	Páirc MacCumhaill	
		SF	Dún na nGall	0-12		0-10	Clones	1.18
	26/06/2011	SF	Dún na nGall	2-06		0-09	Clones	
	17/06/2007	SF	Tír Eoghain	2-15		1-07	Clones	
,		SF	Dún na nGall	1-11		0-09	Clones	
)		SF	Tír Eoghain	1-15		0-10	Kingspan Breffni	
1		FINAL (REPLAY)	Tír Eoghain	2-13		0-07	Clones	
1		FINAL	Tír Eoghain	0-11		0-11	Clones	
7		QF	Tír Eoghain	1-17		0-09	Irvinestown	
		QF	Dún na nGall	1-11		1-09	Irvinestown	
K		QF	Dún na nGall	1-09		0-08	Omagh	
		QF	Tír Eoghain	0-12		1-07	Ballybofey	
		FINAL	Dún na nGall	2-13		1-11	Clones	
		SF	Tír Eoghain	3-05		2-03	Breffni Park	
		QF	Tír Eoghain	1-07		1-05	Dungannon	7/
		QF	Tír Eoghain	8-07		0-03	Ballybofey	-
		QF	Tír Eoghain	1-08		0-07	Healy Park	
		QF	Tír Eoghain	0-02		0-01	Letterkenny	
		QF	Dún na nGall	4-03		1-00	Strabane	

Head to Head





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**HAVETHECHAT** 



## Ryon MoHugh

It seems like a lifetime ago when Ryan McHugh announced himself to the GAA public when he plundered 2-2 in Donegal's famous All-Ireland semi-final victory over Dublin in. That was back in 2014 and his achievements that year won him the GAA's Young Player of the Year award. Safe to say he hasn't looked back. Since then, the Kilcar man has been a mainstay in the Donegal side at No5, with his lung-bursting runs and knack for picking up scores becoming a familiar trait.

How Donegal decide to deploy the two-time All-Star this afternoon could go a long way to determining the outcome. In last years Championship encounter he was nullifed by Conor Meyler. Two weeks earlier he had kicked three points from play in the League. Last week he struggled to have an influence on the game, as Derry deployed a similar man-marking tactic. That Donegal got across the line with a more than subdued McHugh and McBrearty, along with an injured Murphy, speaks volumes. If they can find space today, they could cause the Tyrone defence all sorts of problems.

## Matthew Donnelly

Mattie was a key influence on the Tyrone Minor team that triumphed against Mayo back in 2008. His call up to the senior ranks was inevitable, but after an initial spell in early 2010, the Trillick man stepped away for over two years before rejoining. He has been a part of the Tyrone foundations ever since, captaining his side to on All-Ireland Final day in 2018 and a winner of two All-Star awards in 2015 and 2016.

Mattie has played just about everywhere there is. Some see this versatility as one of his biggest attributes, willing to help out the cause wherever needed. Last week he was named at midfield but lined out at full-forward alongside Darren McCurry. While Cavan kept one eye on Donnelly, McCurry dazzled elsewhere. By the time Mattie was moved to midfield in the second half, the hard work had been done. Expect him to match up with Hugh McFadden today, and while the Donegal man drops deep when out of possession, Donnelly will carry the fight to the heart of the Donegal defence.







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## **Tribute to Phil Traynor** (All Boro Floor Services, New York)

On Saturday evening last our entire GAA family were shocked and saddened as the news filtered through of the untimely passing of our dear friend Philip Traynor (All Boro Floor Services) New York. This marked the passing of someone who has made a massive impact by working tirelessly and discreetly for our association both at home and overseas to ensure GAA Gaels worldwide always 'belonged' which is now instilled in our recent GAA manifesto.

His passion, pride, sportsmanship and devotion to Carrickmacross Emmetts and Monaghan were simply infectious and was just not evident as a GAA Gael but with the legacy that he will be affectionately remembered for. Moving to the United States of America in 1984 to join his late brother Patrick, he quickly became involved with the Monaghan Club in New York and sponsored the team with his newly formed company All Boro Floor Services. His stories of 'meeting at Gaelic Park' on Sunday mornings epitomised the existence of so many Irish GAA people in the Big Apple. His passion for the GAA continued in New York through his unwavering support to Rockland GAA, Monaghan GAA NY, New York GAA and his adopted county Longford Football Club along with numerous other charitable organisations.

As a devoted Monaghan man Philip's dream came true in 2019 as his New York based company All Boro Floor Services were announced as the new main sponsors of his beloved Monaghan GAA. Seeing Monaghan advance to an Ulster semifinal a few weeks ago before his untimely passing will always be remembered by us who witnessed the pride on Philip's face. A dream for every unassuming Irish immigrant to give back to an association they had so much love and support for. To have celebrated this special moment and win with his son Ryan will now be a treasured memory. His presence will be very sadly missed from our games in Monaghan but Philip's massive selfless contribution to Monaghan GAA and to our association generally can never be forgotten or under estimated.



## ULSTER GAA Charity Partner

Ulster GAA is delighted to be "Supporting Prostate Cancer Research" with the Patrick G Johnston Centre for Cancer Research at Queen's University Belfast, for the third year.

### **Prostate Cancer Brief Facts**

Over 4,500 men in Ireland are diagnosed with prostate cancer every year. In the UK, prostate cancer deaths have exceeded breast cancer deaths for the first time, with over 11,000 men per year dying of aggressive forms of prostate cancer. At present, 1 in 8 men will develop a clinically significant prostate cancer in their lifetime, with an increased risk for those aged 50 or more (the majority of cases are diagnosed in men aged 65+) or with a family history of prostate cancer.

## How does prostate cancer present?

Prostate cancer is often diagnosed when men present to their GP with urinary symptoms, such as getting up more frequently at night to urinate, having an inability to empty their bladder completely or going to the toilet more frequently. It is important to note that whilst these symptoms can prompt investigations, more often than not, they indicate a benignly enlarged prostate. Many men are diagnosed with prostate cancer following routine checks in the absence of symptoms, most commonly, a routine blood test called Prostate Specific Antigen (PSA).

### How is it treated

Patients with localised disease within the prostate have a number of curative options available to them including surgery, radiotherapy, brachytherapy (seed radiation) and, in some instances, active surveillance whereby the cancer is low risk but monitored closely for signs of change. For some men, prostate cancer can spread to the bones and other parts of the body, leaving the disease incurable. However, even at this stage a number of newer treatments enable men to live with the disease for many years beyond diagnosis. If you have concerns about yourself or a family member, consult with your GP for further advice.

## Prostate Research at Queen's University Belfast

The Prostate Clinical Research Team at OUB comprises a team of Clinical Research and NHS Consultant Oncologists, coupled with expert scientific research from the Patrick G Johnston Centre for Cancer Research. The team's ethos is to improve patient care through world-class clinical trials of new treatments. In addition to improving education for patients and healthcare workers, the team supervise research from medical students, scientists, physicists and clinical doctors to sustain a culture of ongoing excellence in prostate cancer research. The team is dedicated to ensuring that our patients and their families have the best treatments at the correct time and that survival rates continue to

improve for men diagnosed with prostate cancer.

Ulster President, Oliver Galligan, said "I am delighted to choose prostate cancer research as Ulster GAA's charitable cause for 2021. COVID has disrupted our ability to promote our Charity Partner as we would normally have done over the past number of years. I would encourage anyone who can donate, to do so, as these much-needed funds will go directly to world-class research being undertaken by Oueens University, Belfast."

Dr Aidan Cole from the Patrick G Johnston Centre for Cancer Research at Queen's University said "The Prostate Cancer Research Team at Queen's is delighted to continue this strategic partnership with the Ulster Council GAA to improve education, diagnosis and management of men diagnosed with prostate cancer in our communities. We are proud of our strong links with the GAA community and endeavour to provide our patients with the best treatments available and lead in clinical trials that can transform the treatment of prostate cancer in the future."

You can support the fundraising efforts by visiting Ulster GAA's JustGiving page:

https://www.justgiving.com/ fundraising/Ulster-GAA1

For more information, please contact Maura McMenamin on maura.mcmenamin.ulsteragaa.







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