



## **Senior Athletic Performance Coach**

### Cóitseálaí Feidhmíochta Lúthchleasaíochta

#### **Coiste Chondae Dhún na nGall**

Cumann Lúthchleas Gael is Ireland's leading sporting and cultural organisation with membership approaching one million people and in excess of 500,000 playing participants at all levels. Inspired by its amateur status and supported by the voluntary efforts of all its members, the GAA devotes its entire resources to the development of Gaelic Games and Culture nationally and in local communities.

#### **Position Summary/ Achoimre an phost**

The Senior Athletic Performance Coach is primarily responsible for the physical development, coaching and monitoring of senior and incoming senior development players progressing from the underage structure. The Senior Athletic Performance Coach will liaise with full time and volunteer personnel within Donegal GAA to align short- and long-term initiatives related to the athletic development of all players within Donegal GAA. The Senior Athletic Performance Coach will report to the Games Development Manager to ensure synergy and alignment throughout the organisation. This is a full-time salaried position and will require work during the evenings and weekends, hours and workflow will vary due to seasonal changes within the fixture calendar.

#### **Primary Responsibilities/Príomh freagrachtaí**

##### Coaching

- Oversee all facets of athletic performance for the senior players with Donegal GAA.
- Assists in the development of younger players within the Donegal Academy and its initiatives around county.

##### Performance Administration

- Responsible for the reporting of specific metrics related to the athletic development of all players within Donegal GAA.
- Coordinate with other coaches and volunteers for the delivery of athletic performance initiatives to clubs and schools around the county.
- Liaise with provincial and county games development staff and attend meetings and training as required to support the development of the function and the role

##### Education

- Build and maintain an excellent relationship with clubs, schools and affiliates.
- Create and deliver educational content to provide to schools, clubs, coaches and affiliates to ensure constant up skilling of personnel within the remit of athletic performance.

#### **Qualification and Experience/Cáilíochtaí agus Taithí**

- Bachelor's Degree in exercise science, sports science, sports performance or health-related

degree.

- Preferred Master's degree in exercise science, sports science, sports performance or health-related field.
- Minimum of 3 years full time coaching experience.
- Competently able to assess, interpret and prescribe exercise programming across multiple populations.
- Possess good leadership and communication skills within a multidisciplinary team of coaches and medical professionals.
- Strong level of IT skills to use various applications, technologies and software ranging from administrative (Microsoft office) to sporting technologies.
- Clear understanding of structures, initiatives and roles within the GAA.
- Foundation Level GAA Coaching Qualification
- Child Protection in Sport Awareness Workshop

### **Personal Attributes/Tréithe Pearsanta**

- Dynamic personality: Strong work ethic, enthusiastic and adaptable to changing environments.
- Ability to manage multiple projects and deadlines.
- Good communication and relationship building skills, ability to work in a team environment.
- Open to personal development and growth through continued professional education.
- Strong leadership qualities.
- Ability to multitask and perform tasks in a goal-oriented and self-directed manner.

### **Personal Circumstances/Cúinsí Pearsanta**

- The successful candidate must be willing to work extended hours including early morning, evening and weekends.
- The successful candidate must own their own car with full clean driver's license.

**Applicants should note that they will be required to demonstrate that they meet all of these requirements at the time of submitting their application.**

### **Employment Term/ Téarmafostaíochta**

- Yearly renewal subject to performance review beginning November 1st.

### **Application / Iarratas:**

- Send your curriculum vitae and cover letter to secretary.donegal@gaa.ie. The deadline for applications is Monday October 25th 2021. The successful candidate should be willing to start no later than November 15th 2021.

**Please note the post is subject to Garda Vetting / Child Safeguarding.**

**Tabhairfaoideara go bhfuil an post seofaíoch ag seiceálacha an Gharda Síochán / Cosaint Leanaí**

Is fostóir comhdheiseanna é CLG Dhúnann Gall  
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