

County Health and Wellbeing Committee

The Donegal Health & Wellbeing committee was set up in 2014 and arising from this each club was to appoint a health & wellbeing officer to work alongside the County Health & Wellbeing committee.

The Committee's main roles and responsibilities are:

- To assist the county board and the clubs in identifying and responding to the Health and wellbeing needs of our members in a planned and appropriate manner, both directly through appropriate GAA programmes and by way of signposting to the partnering with relevant local services providers for training/education delivery.
- Liaise with Provincial Council and Croke Park for support, direction and assistance.
- The County Health and Wellbeing Committee to establish a baseline audit of programmes and training/education needs in the county
- The County Health and wellbeing Committee shall put in place an action plan addressing these needs over a 2/3 year period
- The committee will liaise with relevant outside agencies and engage their assistance in delivering the action plan.
- The committee will make available resources to clubs to promote health, as provided by Ulster Council, Croke Park and other external Statutory, Voluntary, or Community agencies.
- The committee will provide support, advice and signposting to clubs on health related matters.

Health & Wellbeing Committee 2021

- Cora Harvey **Chairperson (087-2653833)** Email: chair.hwc.donegal@gaa.ie
- Noirin Ni Dhochartaigh **(Secretary) 087-2359509** Email: administrator.donegal@gaa.ie
- Mick McGrath (County Chairman)
- Lynda McGuinness PRO
- Kevin Mills
- Alisha McBrearty
- Kathy Kelly
- Donnacha Gallagher
- Mark Browne
- Damien Coyle (Jigsaw)
- Roisin Doherty