

## Go Games (Football & Hurling) U-8/U-10/U-12

### General Rules (All Divisions)

Any Divisional or Inter Division Matches Being Played At Quarter Final, Semi-Final tr Final Stage that finish level at Full-Time are subject to **Mandatory** additional time. This will consist of 2 x 10 minute periods of extra time. This applies to all Divisional Quarter-Finals, Semi-Finals and Finals in both League & Championship. This also Includes All County Quarter-Finals, Semi-Finals & Finals in League & Championship. The only **Exception** is if the match referee deems there is insufficient light or weather conditions have deteriorated significantly in which case the officail can decides not to play the additional time. In such cases he/she **may terminate the match at fulltime**

1. The rules listed below and overleaf have been agreed by County CCC and are to be implemented by each match official in full, in order to ensure there is consistent and fair application of all rules throughout Dhun Na nGall. No deviations or exceptions are permitted.
2. Protective Mouth Guard – Since January 2014 wearing a protective mouth guard has been mandatory at All Grades, please enforce this under Rule. 6.2 (Guideline – direct player to leave the field to get gum-shield, if they return without gum-shield issue a caution, repeat if necessary and on issuing of 2<sup>nd</sup> caution for this offence this is to be followed by a red card. The only exception to where a player has a letter from a dentist, eg if a retainer or brace is in place.
3. A player may play only one grade above their age, ie U-12 players may play both U-13 & U-14 but **NOT** Og Sport or U-16. An U-14 player may play Og Sport & U-16 but **NOT** U-18.
4. Girls may play along with boys at all grades up to and including U-12 but **NOT** above this grade ie U-13 upwards. Girls must adhere to the same rules as boys ie pick up or crouch lift, if they lift the ball off the ground using only their hands award a free to opposition.
5. For all matches where portable goal-posts are in use the match referee **MUST** check and ensure that the goal-posts are properly staked or pegged into the ground **BEFORE** the match commences.
6. The referee must ensure that all non-players & spectators etc must not remain inside the boundary fence during matches, this is especially important at U-12 Go-Games matches. Also, anyone other than umpires that are loitering behind or around the goalposts must be directed towards their designated areas by the referee. This especially **includes** managers or mentors. During matches there are to be no balls games played behind the goalposts.
7. Please note that only sports glasses or goggles made from a composite material are permitted to be worn by players, **No Player** is permitted to wear normal glasses under **any circumstances** so as not to constitute a physical danger to the player or other players. The match referee is entitled to object to the player wearing the sports goggles if the referee reasonably believes that they are unsafe.

GO-Games are subject to the general rules of the association

Participants may play up one age grade, ie U-8 may play U-10 & U-10 may play at U-12

<u>Playing Numbers</u>	<u>Playing Time</u>	<u>Field Dimensions</u>
U-8. A Maximum of 7 v 7	U-8. Four Quarters of 7mins. <i>Recommended</i> (2 x 8-10min Halves)	45m x 30m
U-10. A Maximum of 9 v 9	U-10. Four Quarters of 7mins. <i>Recommended</i> (2 x 12-15mins Halves)	65m x 40m
U-12. A Maximum of 11 v 11	U-12. Four Quarters of 7mins. <i>Recommended</i> (2 x 20min Halves)	100m x 40m (21 to 21)
<u>Go Games Ball Sizes</u>	U-8 ~ <u>First Touch</u> (Size 3 ball) U-10 & U-12 ~ <u>Smart Touch &amp; Quick Touch</u> (Size 4 ball) & O'Neills (Size 4 ball)	

### U-8 Go Games Rules

Outfield Play ; Full rules except 2 touch Rule (1 x bounce & 1 x solo **OR** 2 x solo) Pick up and crouch lift allowed. Tackle : **U-8**; Shoulder charge is **not** permitted and players are **only** allowed to tackle the ball. Scoring ; 1 Point for an over the crossbar, 1 Point for a goal.Frees/Side-lines ; All taken from the hand, all players should be at least 5m from kicker. Player who is fouled or nearest the free takes the kick. Referee **CAN** choose the free-taker as to avoid 1 or 2 players taking all frees/ side-lines & kick-outs.45's ; **No** 45's, play restarted with a goal kick. Players using foul language to be replaced for the remainder of the game. Kick-outs ; From the hand or ground, Goalkeeper may advance 10m from goal line, all other players to be approx. 5m from kick. Hand Pass ; Fist/Hand pass allowed. Square Ball & Penalties: **NO SQUARE BALL & NO PENALTY KICKS.** Commence ; with throw-in on the halfway mark.

### U-10 Go Games Rules

Outfield Play ; Full rules except 2 touch Rule (1 x bounce & 1 x solo **OR** 2 x solo) Pick up and crouch lift allowed.  
Tackle : **U-10** ; Shoulder charge is permitted. Incidental contact only is permitted & players must tackle the ball.  
Scoring ; 1 Point for an over the crossbar, 1 Point for a goal. Frees/Side-lines ; All taken from the hand, all players should be at least 8m from kicker. Player who is fouled or nearest the free takes the kick. Referee **CAN** choose the free-taker as to avoid 1 or 2 players taking all frees/ side-lines & kick-outs. 45's ; **No** 45's, play restarted with a goal kick. Players using foul language to be replaced for the remainder of the game. Kick-outs ; From the hand or ground, Goalkeeper may advance 10m from goal line, all other players to be approx. 7m from kick. Hand Pass ; Fist/Hand pass allowed. Commence ; With throw-in on the halfway mark. Square Ball & Penalties: **NO SQUARE BALL & NO PENALTY KICKS.**

### U-12 Go Games Rules

Outfield Play ; Full rules except 2 touch Rule (1 x bounce & 1 x solo **OR** 2 x solo) Pick up and crouch lift allowed. Tackle : **U-12** ; Shoulder charge is permitted and players are **only** allowed to tackle the ball. Incidental contact only is permitted & players must tackle the ball. Frees/Side-lines ; All taken from the hand, all players should be at least 8m from kicker. Player who is fouled or nearest the free takes the kick or side-line **except** for scoring free. Free kicks should be no closer than 20m from opposition end-line, ie if a foul occurs close to goals the free is taken out to the 20m line in line where the foul was committed. 45's ; 45's Taken 30m from goal-line from the hand. Kick-outs ; From the hand or ground (Tee Permitted) Goalkeeper may advance 13m from goal line, all other players to be approx. 8m from kick. Hand Pass ; Fist/Hand pass allowed. Scoring ; 1 Point for an over the crossbar, 3 Points for a goal. Mark ; Award on 30m line outwards. Penalties : **NO PENALTY KICKS. (13m Free Only)** Square Ball ; Square Ball (Small rectangle to be approx. Minimum 14ft x 6ft to maximum 15ft x 6ft, Normal square ball rule applies) Commence ; With throw-in on the halfway line mark.

### U-13 Rules

Team Sizes/Participation ; 13 a side Duration ; 25 minutes per half. Size 4 Football. Unlimited Substitutions. Pitch Size 21m Line to 21m Line Goalposts 15ft x 6ft 45's To be taken off the ground or from the hands 30m from end-line, directly in line where ball went out of play. Kick-outs can be taken from the ground or from the hand within the 13m semi-circle on the 21m line. Frees/Side-lines ; All taken from the hand, all players should be at least 13m from kicker. Free kicks should be no closer than 20m from opposition end-line, ie if a fouls occurs close to goals the free is taken out to the 20m line in line where the foul was committed. Mark ; Award on 30m line outwards. Square Ball Ball (Small rectangle to be approx. Minimum 14ft x 6ft to maximum 15ft x 6ft, Normal square ball rule applies) **No Penalties.**

### U-14 Rules

Team Size; 15 a side (6 Subs) Duration ; 30 minutes per half. Size 4 Football. 45's To be taken **from the ground only** 35m from end-line, directly in line where ball went out of play. (Approx. 10m towards defending goal-line from 45m line) Kick-outs To be taken on the 20m line **from the hand only**. No kick-outs to be taken from the ground. Mark ; Award on 45m line outwards. Penalty Kick 11m As Per Adult Rules.

### U-15 Og Sport Rules

Team Size; 7 a side (Panel of 10) Duration ; 2 x 7½ min halves Size 5 Football Pitch Dimensions 80m x 50m (Minimum) Unlimited Substitutions (From halfway line **Only**) ie Roll on, Roll off. Kick-outs; To be taken from the ground **Only**. 13m from defending goal-line (Tee Permitted) **No** Square Ball or Penalties. 45's To Be taken from the ground 40m from defending goal-line. Scores 3 Points for a goal, 1 point for an over the crossbar. Mark ; Award on 40m line outwards.

### U-16 & U-18 Rules

Team Size; 15 a side (6 Subs) Duration ; 30 minutes per half. Size 5 Football. Kick-outs To be taken **from the ground only** on the 13m line. (Tee Permitted) 45's To be taken **from the ground only** 45m from end-line, directly in line where ball went out of play. Mark ; Award on 45m line outwards.

**Match reports to be sent to the following Addresses ONLY!**

All **County League & Championship** Quarter-finals, Semi-finals & Finals (All Grades) to be sent to **Jim Quinn** (087-9499195 and assistantsecretary.donegal@gaa.ie). All Regional league & championship match reports (up to and including regional finals) must be sent to the address below that covers your area. In all cases reports must be submitted **within 3 Days (No Exceptions)**. All Results must be texted in within **1 Hour** of full-time.

**# IMPORTANT NOTE #** **All Sending Off or Disciplinary** issues that have arisen from a match where they are included in the referees post match report must be sent directly to Jim Quinn **whether it is a divisional or inter divisional completion.**

**Co. Minor Board**

Jim Quinn.  
Welchtown,  
Glenfin,  
Co. Donegal.  
jquinnglenfin@eircom.net  
0879499195

**Northern Board**

Sharon Harnett.  
27 Glencar Park,  
Letterkenny,  
Co. Donegal.  
treasurernorthernboard@gmail.com  
0868405785

**Inishowen Board**

Paddy McGonigle  
Ferris Hill,  
Buncranna,  
Co. Donegal  
paddymcgonigle2@hotmail.com  
0861605701

**Southern Board**

Mary Ellen Greene  
Boyoughter,  
Doochary,  
Co. Donegal.  
marysuegreene@hotmail.com  
0863929003